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Welcome to Youth for Change!

Our Mission Statement:
Enhancing the well-being of children, individuals, families and communities.

Who We Are and the Youth for Change Difference
Youth for Change is a non-profit, public benefit organization licensed by the State of California to provide comprehensive treatment and support services in our community. Established in 1991, the Youth for Change team has continually developed community partnerships for the purpose of championing the well-being of children and families. Our programs are dynamic and respond flexibly to community and family needs.

Youth for Change believes that the best place for a child is with their family. When a family is in crisis and unable to meet a child’s need for safety and health, Youth for Change makes every effort to provide support, skills and resources to help reunify this family in a healthy and nurturing way. Youth for Change has a mission to support children, individuals and families so that they may live happy, healthy and safe lives by providing services that promote dignity, self-determination, and well-being.

Hours of Operation
Hours of operation may vary depending on the program. Youth for Change operates during regular business hours (8am to 5pm) but appointment times may vary and are flexible. The Hospital Alternatives Program, Full Service Partnership, and Wraparound Services provide services 24/7, as needed. Access to after hour services:

• Butte County Behavioral Health Crisis Services 24 hour hotline: 1(800) 334-6622.

• Sutter - Yuba Behavioral Health 24-Hour Psychiatric Emergency Services (888) 923-3800.

If you are in crisis or life-threatening danger, call your local law enforcement immediately (911).
Our Programs

Youth for Change began its work with three group home treatment facilities for 18 severely emotionally disturbed children. Today our services now include:

6th Street Center for Youth
6th Street opened in 2008 as a Mental Health Services Act (MHSA) funded collaboration between Youth for Change and Butte County Department of Behavioral Health. Our services are for youth ages 14-24 that are homeless, marginally housed or runaways. 6th Street Center provides a safe and supportive environment where youth experiencing homelessness can acquire the skills they need to regain stability in their lives. We do this by modeling healthy behavior and relationships, encouraging productive activities, and providing access to needed resources. Services range from basic needs including food, laundry and hygiene to counseling, educational and employment advocacy, intensive case management, and family reunification. Transitional and Master Lease Housing Programs are open to homeless transition age youth (18-23) who are participating in 6th Street or Behavioral Health services. For more information about specific services and events, please visit the program website at: www.6thstreetcenter.org.

Differential Response (Yuba County)
The Youth for Change provides a Yuba County Differential Response Services Program in partnership with the Yuba County Health and Human Services Department, Child and Adult Protective Services (CAPS). Using a collaborative triage process, Differential Response is a child welfare system reform that enables Yuba County CAPS to differentiate its response to reports of child abuse and neglect based on several factors. Youth for Change Family Navigators participate in the triage process and engaging families in support services/activities.

Facilitating All Resources Effectively (FARE)
FARE is a program that offers, family team decision making meetings to families involved with the child welfare system. Our goal is to identify strengths of the family and insure their participation in all stages of the process. Our meetings strengthen partnership and collaboration between family members, social workers, and other service providers. We acknowledge that families know what they need and should be a part of the planning of their case. We strive to ensure that families participate in all aspects of their case from placement and case planning to transitioning children home.

Foster Care Services/Resource Families
Traditional Foster Care provides comprehensive supportive services to foster parents as well as a safe, nurturing, and supportive relationship for youth in need of a stable home. Intensive Treatment Foster Care is a short-term program that assists in stabilizing a youth’s behavior as they prepare to reunify with a family member or other long term placement options. Transitional Housing Programs (THP, THP Plus, and THP plus FC) assists participants with the financial responsibilities of independence, while helping gain the necessary skills to sustain themselves.

Homeless Emergency Action Response Team
H.E.A.R.T. (Homeless Emergency Action Response Team) offers 24 hours services to homeless and runaway youth (under the age of 18) and their caregivers in Butte County. The goals of this program are: to provide physical and emotional safety to youth experiencing a homeless or runaway episode; reunite runaway youth with their families and strengthen family bonds; promote stable living conditions for runaway and homeless youth, including youth that are at risk from separation from their families; and design, implement, and maintain a services delivery system that is responsive to the unique needs of runaway and homeless youth in Butte County. Clients can be in services for a
short period of time to resolve a crisis or for long term clinical and case management services depending on the client’s identified needs. To access H.E.A.R.T. services call 1-877-4-RUN-AWAY.

**Hospital Alternatives Program (HAP)**

The Hospital Alternatives Program (HAP) specially trained Clinicians and Behavioral Health Counselors provide comprehensive response and support services to youth who are in need of intensive services as an alternative to being hospitalized following a 5150 screening. HAP is a collaboration between the Butte County Behavioral Health Crisis Stabilization Unit and Youth for Change. In order to receive HAP services, participants must have full scope Medi-Cal and a referral must be made by the Butte County Crisis Stabilization Unit: (530) 891-2810 or (800) 334-6622.

**In-Home Parenting**

In-Home Parenting is an educational program offered to Butte County families receiving mental health services in the home. Parents who want to improve their parenting skills can work with a Parent Educator to improve their relationship with their child(ren) and enhance their family support system. In Home Parenting offers parent support, parent-child activities and works with parents to develop parenting techniques that offer positive results.

**Medication/Psychiatric Support Services**

Medication Support (Med Support) services are offered to all children, adolescents, and their families who are enrolled in a variety of Youth for Change programs, up to the age of 18. These services include consultation, diagnostic assessment, psychotropic medication treatment, and psychotherapy.

**YFC Outdoors Program**

Youth for Change Outdoors Program aims to engage behaviorally challenged youth in a safe and structured outdoor environment, allowing the youth to choose the degree to which they are challenged. Through this process the youth will learn about themselves, their immediate surroundings, environmental stewardship, teamwork, and their own ability to make safe, responsible decisions independently, and in a group setting.

**School Based Counseling**

The School Based Counseling program provides counseling services to students and their families who are referred by Paradise Unified School District. These services can be provided at eligible school sites, Youth for Change sites, and/or the student’s homes. Individual, group, and family sessions may be offered.

Therapists may also provide psycho-education to classroom teachers to help them interact more effectively with their students. This program is a collaboration between Youth for Change, the Paradise Unified School District and the Butte County Department of Behavioral Health.

**The Strategies Center at Youth for Change™**

The Strategies Center at Youth for Change™ is a nationally recognized group of professionals that provides training, skills implementation, technical assistance, applied research, evaluation, organizational capacity building, and leadership development services.

Our clients are primarily, but not exclusively, in the social and human services sector. The Strategies Center has provided hands-on, real world professional development and training to help individuals, programs, organizations, and networks reach their professional and service goals for more than 17 years.

We employ current information to create services that are research-based, people-centered, experiential, and customized to address our clients’ needs.

**Strengthening Families (Butte)**

The Strengthening Families program supports families with children ages 0-5 by building the 5 Protective Factors (parental resilience, social connections, knowledge of parenting and child development, concrete support in times of need, and social and emotional competence of children) within the home and the community. We provide fun and interactive Tot-Time, childcare for parenting classes, and offer assistance to families in need to ensure family stability.
Strong Starts – Parent-Child Interaction Therapy (PCIT) (Butte, Sutter, Yuba)
PCIT is designed to improve the quality of the relationship between you and your child. The focus is on teaching you the necessary skills to reduce unwanted behaviors that affect your child’s functioning at home, in public, and with his/her peers. Strong Starts counseling is provided to youth ages 0 to 12. PCIT is provided to youth ages 0 to 7.

Therapeutic Behavioral Services (TBS) (Butte, Sutter, Yuba)
TBS services provide additional short term support to youth under the age of 21. TBS staff will assist children/youth in their transition to lower levels of care (including home or home like setting) or avoid moving to a higher level of care (including a psychiatric hospital or group home in the Rate Classification Level (RCL) 12 or higher).

Wraparound Services (Wrap)
Wrap’s approach focuses on what is working with the family. It builds on individual’s strengths, assets and skills. It pulls people and community together. A team is created that strives for trust, cooperation, self-worth, and family unity. Each family is in charge of their own goals and successes. Families with children who have been placed in or are at risk of placement in a group home in the Rate Classification Level (RCL) 10 or above as identified by the Butte County Interagency Placement Unit (ISPU) are eligible for Wrap.

Youth Empowerment Services (YES) (Butte)
Youth Empowerment Services Program offers opportunities for youth to engage in outdoor and recreation al activities to the degree with which they are comfortable. Weekly skills building groups are presented to youth from ages 8 – 24 with the intent of enhancing self-confidence, communication skills, social skills and community development. The goal of the YES Program is to equip youth with the skills ability to function at a healthy level in traditional after school programs, educational settings, and their home environments. In addition, the program aims to strengthen family bonds, provide education on accessing community resources, and promote personal growth and higher functionality through safe and intentional challenges, and mastery of skills presented during groups.

Full Service Partnership (Sutter-Yuba)
Through a collaborative partnership with Sutter Yuba Behavioral Health, Youth for Change addresses the total needs of the family whose child is experiencing significant emotional, psychological, or behavioral concerns interfering with their well-being. Children 0-15 with severe emotional disturbances may be eligible for services.

Family Visitation Centers (Butte)
The purpose of visitation between the parent, guardian, or relative and child is to ensure the following:
Promote and maintain the relationship between the parent and child during the family’s time together and during times of separation.
Provide a respectful and compassionate environment that allows the child to have an enjoyable experience with the parent.
Ensure the child is emotionally and physically safe when visiting the parent before, during, and after the visit.
Enhance parenting skills through individualized feedback, parenting support, and modeling during visitation.

To view more details, contact information, and the scope of services for any of our programs listed above please visit our website at: www.youth4change.org
Youth for Change Values

The following are based on social work’s core values of: service, social justice, dignity and worth of the person, importance of human relationships, integrity, and competence. These principles set forth ideals to which all Youth for Change employees, interns, and volunteers aspire.

We Value: Service
Ethical Principle: Our primary goal is to help people in need by drawing on our knowledge, values, and skills to help people in need.

We Value: Social Justice
Ethical Principle: We will strive to ensure access to needed information, services, and resources; equality of opportunity; and meaningful participation in decision making for all people and promote sensitivity and awareness about cultural and ethnic diversity.

We Value: Dignity and Worth of the Person
Ethical Principle: We will respect the inherent dignity and worth of a person.

We Value: Importance of Human Relationships
Ethical Principle: We will recognize the central importance of human relationships. We will ask for and respond to feedback, preferences, and grievances in an effort to promote, restore, maintain, and enhance the well-being of individuals, families, organizations, and our community.

We Value: Integrity
Ethical Principle: We will behave in a trustworthy manner and act honestly and responsibly and promote ethical practices on the part of our organization and those with which we are affiliated.

We Value: Competence
Ethical Principle: We will practice within our area of competence and develop and enhance our professional expertise.

Our Pledge Regarding the Protection of Your Records
We understand that health information about you is personal and private and we are committed to protecting your health information. We create a record of care/services you receive, on behalf of this agency, as to provide you with quality care and to comply with certain legal and ethical requirements. All clients receiving behavioral health services will have an opportunity to review the full Notice of Privacy Practices brochure during the intake process. You will be asked to sign to verify you received and reviewed this information.

Foster Care Youth Rights
The California Code of Regulations, Title 22 requires that any child admitted to a home/facility must be advised of his/her personal rights. Homes/Facilities are also required to post these rights in areas accessible to the public. During the intake process you shall be provided with Your Rights as a Foster Care Youth in California. This form describes the personal rights to be afforded each child admitted to a home/facility. This form also provides the complaint procedures for the child and authorized representative. This form is to be reviewed, completed and signed by each child and/or each authorized representative upon admission to the home/facility. The child and/or authorized representative also have the right to receive a completed copy of the originally signed form. The original signed copy shall be retained in the child’s file which is maintained by the home/facility.
The Core Evidence Based Practices Treatment Models at Youth for Change

Youth for Change encourages and may implement the following techniques in their treatment program processes: Therapeutic Crisis Intervention, Parent-Child Interaction Therapy, Nurtured Heart Approach, Nurturing Parenting, Motivational Interviewing, Trauma Focused Cognitive Behavioral Therapy, Adoption Competent Practice, Dialectical Behavioral Therapy, Feedback Informed Treatment, and The Child and Adolescent Needs and Strength Assessment.

An in-depth explanation of each of the treatment practices mentioned above is available upon request.

**Scope of Practice:** Youth for Change employees possess a wide range of experience and educational background and are selected for their specific expertise, energy and attitude toward service delivery in accordance with our mission to enhance the well-being of others. We employ para-professionals with Bachelor’s Degrees in fields related to social service, health and wellness, and youth development; and also Master’s level professionals working toward licensure in the field of social work and marriage family therapy. Licensed Clinical Social Workers and Licensed Marriage and Family Therapists supervise all the clinical and social work service provided at Youth for Change.

**Grievance Procedure:** If ever you are unsatisfied with our services you are encouraged to contact the Compliance Officer at (530) 877-1965 to communicate your needs, complaints, or requests.

You may also contact Butte County Behavioral Health’s Patients’ Rights Advocate at any time to report a complaint; this contact information is always visible in the lobby of our service sites.

**Non-Violent Practices:** It is our strict policy at Youth For Change to NOT use the following interventions in treatment: Locked seclusion, mechanical restraint, verbal abuse or humiliation, excessive force beyond the resources needed to safely and humanely intervene with clients at risk of grave harm to self or others, withhold food or water, demeaning or degrading activities, punitive restrictions or assignments, or corporal punishment.
Drug, Alcohol, Tobacco & Weapons
Policy & Emergency Procedures

Youth for Change is a drug/alcohol-free workplace. Each YFC staff member has a responsibility to deliver services in a safe, conscientious manner which includes refraining from the use of illegal drugs, alcohol, and tobacco while on YFC property or while performing their work duties. Prescription medication should be taken as prescribed and is permitted so long as it does not impair ability to perform job duties safely and effectively. All prescription medication should remain under the control of the prescribed individual at all times.

Clients and their family members are asked to assist us in keeping our work environment drug, alcohol and tobacco free and participate in sessions, visitations and appointments in a manner that contributes to the health and well-being of themselves and others by being alcohol and drug-free. We ask that clients adhere to California and Federal laws with regard to possessing, ingesting, manufacturing, or transporting any controlled substance while on YFC property or while engaging in a YFC service. Any person suspected to be under the influence of alcohol or illegal drugs may be asked to leave the premises.

Weapons: We ask that all clients, family members, community partners, and peers act in accordance with city, county, and state laws and not unlawfully possess weapons on all Youth for Change premises, or during Youth for Change functions.

Emergency Procedures and Exits: Each Youth for Change site is equipped with emergency procedures and exits to maximize your safety during your session or stay. You can find these exits clearly marked and routes posted throughout the facilities. We are visited regularly by the Fire Marshal to ensure our compliance with safety procedures. All staff participate in monthly safety trainings as well as emergency procedure drills.
We Are a Culture of Feedback

We rely on you to tell us if the work we are doing together is not meeting your treatment goals. If there is ever anything we can do to better meet your therapeutic needs we want and need to know so that we can make the appropriate adjustments to create the best possible outcome. We receive this feedback in a multitude of ways:

- Treatment staff are trained in receiving feedback via Feedback Informed Treatment (FIT), which will help you to communicate your preferences, level of satisfaction and progress in your treatment.

- During your treatment you may be asked to participate in a consumer perception survey regarding your satisfaction with our services.

- We also ask our community partners to rate us on our professionalism, friendliness, and competency in a survey on an annual basis.

- Longitudinal Study: We hope to determine if we are indeed accomplishing our mission of enhancing the well-being of others through the use of a longitudinal study. During the treatment process you may be asked for permission to contact you to determine if you were satisfied and benefited from services at Youth For Change after exit.

- Youth for Change employees also participate in an internal organizational climate survey on an annual basis.
Contact Information

6th Street Center for Youth
130 West 6th Street
Chico, CA 95928
Phone: (530) 894-8008
Fax: (530) 894-1979

Rio Lindo Counseling Center
578 Rio Lindo Avenue, Suite 3
Chico, CA 95926
Phone: (530) 894-5933
Fax: (530) 894-5791

CalPark Specialty Services
2580 Sierra Sunrise Terrace, Suite 100
Chico, CA 95928
Phone: (530) 877-1965
Fax: (530) 877-1978

Oroville Counseling Center
2856 Olive Highway, Suite A
Oroville, CA 95966
Phone: (530) 533-1576
Fax: (530) 533-1979

The Family Place Oroville
1770 High Street
Oroville, CA 95965
Phone: (530) 552-1411
Fax: (530) 552-1412

Strategies Center at Youth for Change™
2856 Olive Highway, Suite D
Oroville, CA 95966
Phone: (530) 872-3896 or (530) 872-4015
Fax: (530) 872-4093

Sutter - Yuba Support Center
1525 Plumas Court, Suite C & D
Yuba City, CA 95991
Phone: (530) 418-1001
Fax: (530) 418-1005

Marysville Counseling Center
1128 Yuba Street
Marysville, CA 95901
Phone: (530) 418-1001
Fax: (530) 418-1005

Homeless Emergency Action Response Team (HEART)
1-877-478-6292

Administration Office
3259 Esplanade, Suite 103
Chico, CA 95973
Phone: (530) 877-8187
Fax: (530) 877-3020

www.youth4change.org

Pictures are not of actual clients.
Youth for Change
Administration Office
Phone: (530) 877-8187   Fax: (530) 877-3020

Mailing Address:
P.O. Box 1476, Paradise, CA 95967

www.youth4change.org

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