



Scope of Service

Community Based Services (CBS)

Service Area:	Sutter and Yuba Counties
----------------------	--------------------------

Program Philosophy
Provide community based Specialty Mental Health Services that are integrated, collaborative, and strength based in collaboration with Sutter Yuba Behavioral Health. In addition, the program seeks to engage children and families in a supportive and therapeutic manner to promote healing, healthy decision making, and positive family dynamics.

Program Goal
To enhance the psychological, social, emotional and behavioral functioning of program participants through comprehensive, strength-based, therapeutic services, with a strong emphasis on client and family involvement.

Program Description	
Service Type:	Individual, group, and family therapy. In addition to these services behavioral support, rehabilitation services, collaborative case management, medication management, Parent Child Interaction Therapy (PCIT) are also available.
Service Location:	Services are provided at various sites including Youth for Change offices, community settings, school sites, and/or client's home.
Administrative Location:	1128 Yuba Street Marysville, CA 95901 (530) 418-1001
Population Served:	Sutter and Yuba County youth ages 0-21 referred by Sutter Yuba Behavioral Health.
Hours of Operation:	Monday – Friday, 8:00 a.m. to 5:00 p.m. and after hours and weekends as appropriate. In case of emergency after hours or on weekends/holidays, contact Sutter Yuba Behavioral Health crisis number at (530) 673-8255 or (888) 923-3800.

Service Abstract
The Youth for Change Community Based Services (CBS) Program is a collaboration between Youth for Change and Sutter Yuba Behavioral Health. CBS is primarily focused on early intervention, with therapists providing services throughout both counties. The program provides therapeutic services to eligible clients (full scope Medi-Cal) referred by Sutter Yuba Behavioral Health. Services include screening, diagnosis, individual, group, and family therapy. All staff complete TCI training as well as training to support the needs of program participants.

Entry and Exit Criteria

Program entrance is based on functional impairment and the determination of access criteria for specialty mental health services. Exiting the program is based on the reduction of the level of functional impairment and/or the determination that the client could benefit from a lower level of care.

Referral, Transition, and Discharge

All referrals, transition and discharge decisions are the responsibility of the services provider and applicable treatment team(s). Referrals to other community resources will be made and documented throughout treatment, considering clients' and families' abilities and preferences. Transition planning will occur throughout the course of treatment, be discussed with clients and applicable treatment team(s) and be documented. Transition plan will include review of clients' wellbeing, therapeutic gains achieved, and client and family strengths. Discharge paperwork and client history reports will be completed and reviewed at the end of treatment with clients and caretakers as available and appropriate.

Agency Website:

www.youth4change.org