

# **Scope of Service**

## School Based Counseling (SBC)

Service Area: Paradise Unified School District	
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### **Program Philosophy**

Provide integrated, collaborative individual, group, and family therapy to Paradise/Magalia children with mental health issues.

### Program Goal

To enhance the psychological, social, emotional, and behavioral functioning of program participants through comprehensive, strength-based, therapeutic services, with a strong emphasis on school collaboration and family involvement.

Program Description	
Service Type:	Individual, group, and family therapy for youth.
Service Location:	Services are provided at various sites including Youth for Change offices,
	community settings, school sites, and/or student's home.
Administrative Location:	260 Cohasset Rd. Suite 120
	Chico, CA 95926
	(530) 877-1965
Population Served:	Butte County Medi-Cal eligible school aged youth who exhibit mental
	health issues. Families are strongly encouraged to participate in
	therapeutic services.
Hours of Operation:	Monday – Friday, 8:00 a.m. to 5:00 p.m. In case of emergency after
	hours or on weekends/holidays, contact Butte County Behavioral Health
	Crisis number at: (530) 891-3277 or 1-800-371-4373.

#### Service Abstract

School Based Counseling (SBC) is a collaboration between Youth for Change, Paradise Unified School District, and Butte County Department of Behavioral Health. SBC has a therapist located at each of the schools in the Paradise/Magalia area. The program provides therapeutic services to eligible students (full scope Medi-Cal) referred by Paradise Unified School District, teachers, and/or families. Services include screening, diagnosis, individual, group, and family therapy. School based therapists are Licensed Marriage and Family Therapists, Licensed Clinical Social Workers, Associate Marriage and Family Therapists, and Associate Clinical Social Workers with clinical supervision by the Youth for Change.

### **Entry and Exit Criteria**

Program entrance is based on functional impairment and the determination of access criteria for Specialty Mental Health Services. Exiting the program is based on the reduction of the level of functional impairment and/or the determination that the client could benefit from a lower level of care.

### Referral, Transition, and Discharge

All referral, transition, and discharge decisions are the responsibility of the services provider and applicable treatment team(s). Referrals will be made and documented throughout treatment, considering clients' and families' abilities and preferences. Transition planning will occur throughout the course of treatment, be discussed with clients and applicable treatment team(s) and be documented. Transition plan will include review of clients' wellbeing, gains achieved, and client and family strengths. Discharge paperwork and client history reports will be completed and reviewed at the end of treatment with clients and caretaker's as available and appropriate.

Agency Website: www.youth4change.org